urban \_\_\_\_ agriculture forum |

# Feeding the Future, Nourishing Country



# National Gathering

17th - 19th November, 2023

National Centre of Indigenous Excellence Redfern, Sydney NSW (and ONLINE)





# CITY OF SYDNEY











Welcome to the 2023 national Urban Agriculture Forum - the fourth that SUSTAIN has coordinated since 2016. This year we are thrilled to be curating this unique event in collaboration with Community Gardens Australia and their 2023 CGA National Gathering.

We are proud to hold the UAF for the first time on the lands of the Gadigal people of the Eora Nation. In hosting at the National Centre of Indigenous Excellence in Redfern (Sydney), we are reminded that Australian cities and towns have always been, and always will be, Country. Redfern's rich legacy as a centre of Aboriginal intellectual culture, political leadership and activism provides a fertile ground for exploring how urban agriculture can honour Country and support Indigenous self-determination.

The most dignified and empowering way to access healthy food is by growing it yourself, as millions of us already do. But edible gardening provides so many more benefits: it enhances mental health and wellbeing, it builds community and neighbourhood resilience, it greens urban spaces, and it turns food waste into rich compost. It provides endless educational opportunities for people of all ages, children especially, and helps them develop and maintain healthy eating habits. It creates jobs and business opportunities for many, especially those who experience discrimination and disadvantage in the labour market.

That's why we are committed to doing everything we can to celebrate everyone in Australia and around the world doing this work in all its wonderful diversity. It's why we will never stop advocating at every level of government for policy and planning changes to expand access to vacant land and for resourcing to massively expand this sector.

We wish you a fabulous Urban Agriculture Forum and Community Gardens National Gathering. We know you will leave here buzzing with ideas and inspiration, and enriched with dozens of conversations and new friends. We celebrate your work and thank you for being part of this vital national and global movement.



**Linda Appel Lipsuis**CEO, Denver
Urban Gardens



Costa Georgiadis Host, Gardening Australia, ABC



Hannah Moloney ABC TV Host, Gardening Australia



Brenden Moore Aboriginal education, Royal Botanic Garden Sydney



Tim Sansom
CEO,
Diggers
Foundation (The
Diggers Club)



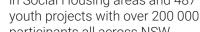
Rabekha Siebert Urban Agriculture Coordinator, City of Dallas



Sharon Windsor Founder, Indigiearth

https://uaf.org.au/program **Keynote Presentations** 





#### Friday 17th November 2023 | 9:10am - 9:55am

#### **Urban Agriculture and First Nations**

Community Greening is a non-profit program that aims to connect people with new skills, environmental sustainability, and each other. It's a partnership between the Botanic Gardens of Sydney and Department of Communities and Justice with support from other corporates, industry and grant funding and has been operating since 2000. The project has supported over 669 gardens in Social Housing areas and 487 participants all across NSW.



# Friday 17th November 2023 | 10:15am - 11:15am

# Comprehensive Urban **Agriculture Plans**

In 2022, The City of Dallas began implementing the Comprehensive Urban Agriculture Plan (CUAP). External stakeholder engagement included interviews, public surveys, and 3500 impressions on the Draft Plan before the plan's unanimous adoption by City Council on March 8, 2023. The City of Dallas and stakeholders completed their first action, which increased access to farmers' markets in residentially zoned neighborhoods by reduction of permitting standards. CUAP will continue to be implemented into 2024. Staff look forward to rolling out an Urban Agriculture Infrastructure Grant Program and growing the Growers Education and Workforce Development pilot.



#### Saturday 18th November 2023 | 9:15am - 9:55am

### **Denver Urban Gardens**

Denver Urban Gardens (DUG) started as a grassroots movement in the late 1970s, when gardeners in Denver's Northside neighborhood came together to create a space for a group of local Hmong women to grow their own food. Working collaboratively, they transformed a vacant parking lot into what is now the Pecos Community Garden. Over the past 45 years, our network spans seven metro Denver counties with 200 community gardens and 20 food forests. In addition to garden and food forest support through land use agreements, garden leader support and volunteer coordination, we offer youth and adult education and events, volunteer workdays, paywhat-you-can seeds and seedlings, and compost training.

## Day 1

# **Friday November** 17th 2023

Friday 17th November 2023 | 8:45am - 9:00am

# Welcome and Welcome to Country

Friday 17th November 2023 | 9:00am - 9:10am

#### Welcome

Welcome by Nick Rose of Sustain and MC Costa Georgiadis.



Nick Rose.



Costa Georgiadis, Australia, ABC

Friday 17th November 2023 | 9:10am - 9:55am

#### **Urban Agriculture and First** Nations horticulture

Brenden Moore will be sharing his experiences with Community Greening: creating edible, native sensory, cultural learning spaces.

#### FEATURING:



Brenden Moore. Aboriginal education, Royal Botanic Garden



Sharon Windsor.

Friday 17th November 2023 | 9:55am - 10:15am

#### Morning tea

Friday 17th November 2023 | 10:15am - 11:15am

### Comprehensive Urban Agriculture Plans

Rabekah will share how the City of Dallas is leading the way in becoming more sustainable through urban agriculture, and Ashley Atkinson will share her experiences of urban farming in Detroit, and Keep Growing Detroit's progress towards cultivating a food sovereign city

(This will be an online presentation). There will be a Q and A session at the end of the two presentations. FEATURING:



Ashley Atkinson, Co-Director, Fundraising + Farm



Rabekha Siebert, Urban Agriculture

Coordinator, City of & Market Operations, Keep Growing Detroit Dallas

Friday 17th November 2023 | 11:15am - 12:00pm PARALLEL A1

# **International Urban** Agriculture Perspectives

Arun Kafle asks the question, "Can Urban Agriculture be Optimised? Exploring Trade-offs between Economic, Social and Environmental Outcomes under the Divergent Development Contexts", focussing on the cases from Adelaide, South Australia and Kathmandu Valley, Nepal. Pablo shares his experience in Argentina.

#### FEATURING





Pablo Valentin National Institute for Friday 17th November 2023 | 11:15am - 12:00pm

# Urban Agriculture in local and regional Australia

Three presentations about urban agriculture and local government.

#### FEATURING:



Belinda Thackeray,

Program Manager Community Greening, City of Sydney



Fiona Berry, Research Principal, Institute for Sustainable Futures, University of Technology, Sydney



Julian Lee, Sustainability Educator, Randwick City Council



Lauren Flaherty, Stategy Advisor, Social, City of Sydney

Friday 17th November 2023 | 11:15am - 12:00pm PARALLEL A3

# **Community Food**

Bridget will share the journey of Grow Cook Share Food Hub, an agreed vision with Bendigo Foodshare and the Bendigo Community. Georgina will share the story of taking a 1 hectare urban cluttered community garden and transforming into to Smith St Community Farm.

#### FEATURING:



Bridget Bentley, Community Engagement Manager Bendigo Foodshare



Georgina Stanley, Farm Manager Smith St Community

Friday 17th November 2023 | 12:00pm - 1:00pm PARALLEL B1

# International Urban Agriculture

Three speakers presenting on urban agriculture in an international context.

#### FEATURING



Bjorn Low, Executive Director Edible Garden City



Firdaus Sani, Founder, Orang Lauf



Friday 17th November 2023 | 12:00pm - 1:00pm

# Planning - Enablers and Barriers

Three speakers share their knowledge about planning - enablers and barriers.

#### FEATURING:



Cathy Sherry, of Law, Macquarie University, Sydney



Linda Martin-Chew, Director, The Rural Planner



Evelyn Ivinson, Macquarie University,

Friday 17th November 2023 | 12:00pm - 1:00pm PARALLEL B3 - PANEL DISCUSSION

#### Agriculture Careers and Education

A panel discussion on how agricultural education can lead to careers in the agriculture sector.

#### FEATURING:



Angela Schumacher. Education consultant, **AISNSW** Indiana Rhind

Co-Founder and CTO,

Farmwall



Isaac Mayer, Bush Bees



Jenny Hughes, Education Manager, Cotton Australia

# Friday 17th November 2023 | 1:00pm - 1:45pm

#### Lunch

Lunch is provided and included in the Friday ticket price.

Friday 17th November 2023 | 1:45pm - 2:45pm PARALLEL C1

### Multi-Functional **Urban Agriculture**

Two sessions on multi-functional urban urban agriculture, with food forest exemplars.

#### FEATURING:



Chelsea McNab, Executive Officer Yarra Valley ECOSS Kate Neale,

Founder, Digability



Leigh McGaghey, Consultant landscape architect, Wired for Nature



Mea Foots. Therapeutic Horticulture Australia

Friday 17th November 2023 | 1:45pm - 2:45pm PARALLEL C2

# **Urban Food and the** Circular Economy

#### FEATURING:



David Sivyer, Owner / Director Feedback Organic Recovery



Ramon Atavde. Managing Director, ARC Ento Tech Ltd

Liane Colwell Permaculture Designer, University of Technology, Sydney

Friday 17th November 2023 | 1:45pm - 2:45pm

# **Urban Agriculture -**Documenting the Impacts

Two sessions discussing documenting the impacts of urban agriculture.

#### FEATURING:



Eric Brymer, Chartered Psychologist, Southern Cross University



Rosie Welch. Senior Lecturer, Monash University

Friday 17th November 2023 | 2:45pm - 3:30pm

# **Education and Learning**

Research suggests children learn vital capabilities from school-based food gardening through engaging in a range of positive human and non-human relationships.

#### FEATURING



Ann Hill. Senior Lecturer, University of Canberra

Faculty of Arts and

Design, University of



and Cultural Research,

Dr Cathy Wilkinson, CEO. Stephanie Alexander Kitchen Garden Foundation



Friday 17th November 2023 | 2:45pm - 3:30pm

# **Community Composting**

Three sessions on community composting. Myra Mow will be presenting her session online.

#### FEATURING



Clytie Binder, Waste Educator Brisbane City Council





Friday 17th November 2023 | 2:45pm - 3:30pm

### Wicking Masterclass with Water Ups

A 45 minute wicking masterclass with Eric Sturman from our UAF event sponsor Water Ups.

#### FEATURING:



Eric Sturman, Head of Sales, Water Ups

Friday 17th November 2023 | 3:30pm - 3:50pm

#### **Afternoon Tea**

Friday 17th November 2023 | 3:50pm - 4:50pm PARALLEL E1

### First Nations Perspectives

Tarunna Sebastian will present on First Nations Perspective- Caring for Country in Food Production; Norah Ansey will be presenting on First Nation's Youth and food security [working with youth in community gardens and Donia Bon, a Torres Strait Islander woman is presenting "Torres Strait Islander Peoples Food Practices on Country [Sea, Land and Sky]".

#### FEATURING:

Ben Harry.

Donia Bon.

Friday 17th November 2023 | 3:50pm - 4:50pm PARALLEL E2

# Perspectives on food security

TWO SESSIONS. FEATURING:



Lucy Payne, Head of Partnerships, Food Ladder



Prue Bauer. Co-Founder, CEO, Airgarden

Friday 17th November 2023 | 4:50pm - 5:10pm

# End of day plenary

FEATURING



Costa Georgiadis, Host, Gardening Australia, ABC

# Day 2

# **Saturday November** 18th 2023

Saturday 18th November 2023 | 9:00am - 9:15am

#### Welcome

FEATURING



Costa Georgiadis, Host, Gardening Australia, ABC



Naomi Lacey, President, Community Gardens Australia

Saturday 18th November 2023 | 9:15am - 9:55am

#### **Denver Urban Gardens**

DUG was formally incorporated as a non-profit organization in 1985; now our network spans seven metro Denver counties with 200 community gardens and 20 food forests.

Q and A session.

#### FFATURING:



Saturday 18th November 2023 | 9:55am - 10:20am PANEL DISCUSSION

# Is growing food just for the privileged middle class?

We ask our panellists to share whether they think growing food is just for the middle class and priveged few, whether they think this is a problem, and what change they would like to see.

#### PANEL DISCUSSION FACILITATED BY



Costa Georgiadis, Host, Gardening Australia, ABC

President, Just Food





Trail

Morag Gamble, Founder Permaculture

Anna Jane Linke,

Program Manager, Illawara Edible Garden

CEO, Denver Urban Education Institute Carol Perdigão,

Saturday 18th November 2023 | 10:20am - 10:40am

### **Morning Tea**

Gardens

Collective

Saturday 18th November 2023 | 10:40am - 11:30am

# **Urban Agriculture** is for Everyone

Whether you have a sprawling backyard, a small urban block or a tiny apartment with no direct sunlight there is a way you can grow some of your food.

#### FEATURING:



Hannah Moloney, ABC TV Host, Gardening Australia

Saturday 18th November 2023 | 11:30am - 12:15pm PARALLEL A1

# **Community Food Growing in Practice**

Sessions on community growing in practice.

#### FEATURING:



Alison Lewis-Nicholson, Committee Member. Barwon Oil Barons



Fiona Buining. Owner, Ainslie Urban Farm. Also Churchill Fellow



Brendan Bolton,

Garden Organics Business Development & Education, City of Greater Geelong

Saturday 18th November 2023 | 11:30am - 12:15pm PARALLEL A2

# Gardens as **Nourishing Terrains**

#### FEATURING:



Bridget O'Brien, Co-Director, Garden Juju Collective



Tim Sansom, CFO. Diggers Foundation (The Diggers Club)



Co-Director Garden Juju Collective

Saturday 18th November 2023 | 11:30am - 12:15pm PARALLEL A3

## Gardens and food in schools

Two sessions on food in schools. Ben Shaw will be sharing his experience with Farm My School. De Chantal will be sharing the recent Reservoir East Primary School Poultry Trial.

#### FEATURING:





#### Saturday 18th November 2023 | 12:15pm - 1:15pm Lunch Day 2

Saturday's lunch is a fundraiser BBQ to raise money for the NCIE's Young Fit and Deadly youth program. Sustain will be donating \$15 per person to this cause. If you wish to participate in the fundraiser you are welcome to make an additional contribution on the day.

WATER UPS WILL BE PRESENTING A 30 MINUTE WICKING WORKSHOP DURING THE LUNCH BREAK

Saturday 18th November 2023 | 1:15pm - 2:00pm PARALLEL B1

#### **Restorative Possibilities**

Two presenters share their perspectives and answer the question, how can permaculture inform making space, holding diversity and feeding the future?

#### FEATURING



Jacqui Besgrove, CEO, Pocket City



Morag Gamble, Founder, Permaculture Education Institute

Saturday 18th November 2023 | 1:15pm - 2:00pm PARALLEL B2

### Learning and connecting in the community garden

Two sessions. Jo Dean will be delivering her session online.

#### FEATURING



Amy Tacey, Food Hub Coordinator Common Ground Project

Carol Perdigão,

President, Just Food

Collective



Jo Dean. Tasmanian Coordinator Community Gardens

Saturday 18th November 2023 | 2:00pm - 3:00pm PARALLEL C1

# Cultivating food growing culture

FEATURING



Anna Jane Linke, Program Manager, Illawara Edible Garden Trail



Bethaney Turner, Associate Professor, Centre for Creative and Cultural Research, Faculty of Arts and Design, University of

Saturday 18th November 2023 | 2:00pm - 3:00pm PARALLEL C2

#### Food Forests, **Urban Orchards and Nature Strip Trees**

Two speaker sessions on the topic of food forests.

#### FEATURING:



Anastasia Gramatakos, PhD of Melbourne



Jorge Cantellano, EdibleScapes Gardens

Saturday 18th November 2023 | 2:00pm - 3:00pm PARALLEL C3

# Community Garden Governance

A workshop for community gardeners. FEATURING:



Saturday 18th November 2023 | 3:00pm - 3:20pm

**Afternoon Tea** 

Saturday 18th November 2023 | 3:20pm - 4:20pm

#### First Nations Stories

Tarunna Sebastian and her colleagues will be sharing knowledge.

FEATURING



Deborah Lennis

**Terry Lennis** Wadiya Wirinya

Saturday 18th November 2023 | 3:20pm - 4:20pm PARALLEL D2

#### **Working Where It Counts**

Manu Prigioni will be sharing more about Farm It Forward, a social enterprise farming on unused private land in suburban and peri-urban areas with her talk "The enablers and benefits for accessing and utilising unused private land for social enterprise market gardening". Robin will be sharing more about gardening and growing your group's organizational structure, nurturing yourself as part of a thriving, interconnected guild. Leonie will discuss her realization that the main obstacle to gr...

FEATURING:



Leonie Norrington,



Robin Clayfield



Manu Prigioni,

Saturday 18th November 2023 | 3:20pm - 4:20pm

### Successful Community **Food Projects Workshop**

45 minute workshop on Food Forests.

As the number of community food projects internationally and locally explode, people are exploring a variety of growing methods, food distribution models, funding arrangements, governance and operation systems.

FEATURING:



**Gavin Hardy,** Queensland coordinator, Community Gardens Australia

Saturday 18th November 2023 | 4:20pm - 4:45pm

#### **Community Gardens** Australia Awards 2023

Annual Community Gardens Australia Awards presentation.

Saturday 18th November 2023 | 4:45pm - 5:00pm

#### **End of Forum Plenary**

Wrapping up the two-day Forum for 2023.

FEATURING



Costa Georgiadis, Host, Gardening Australia, ABC

Saturday 18th November 2023 | 5:00pm - 5:15pm

#### AGM

Community Gardens Australia Annual General Meeting 2023.

FEATURING



# Day 3

# **Sunday November** 19th 2023

Sunday, 19th November 2023 | 8:00am - 5:45pm SYDNEY UAF TOURS:

#### Illawarra Tour

Come on a journey to the Illawarra and some fabulous urban agriculture sites. Starting at Dapto Community Farm for a tour with their volunteers then on to Green Connect, a social enterprise supporting young people and refugees. We will have lunch here before heading to Pope's Produce, an excellent example of small scale urban agriculture.

Morning tea, lunch and afternoon tea provided.



National Centre of Indigenous Excellence, 166-180 George St, Refern, NSW 2016 Australia

Sunday, 19th November 2023 | 9:00am - 3:30am SYDNEY UAF TOURS:

# City Farms Cycling Tour

Get fit and active with this fabulous cycling tour we have created for you!

Arriving at NCIE you will collect your courtesy Lime bike\* and get an induction on how to operate them.

Then, starting with Sydney City Farm, we will head off on a tour that will highlight modern urban agricultural practise in the heart of one of the world's great cities. From Sydney City Farm we cycle to Pocket City Farms for a tour, followed by lunch, and then on to Camdonville Paddock Community Garden.

Your cycling tour guides will also ride by other gardens and spaces of interest throughout the tour and talk to you about sustainability in our cities and how cycling can benefit not just yourself but also the planet.

Lunch and snacks included.



National Centre of Indigenous Excellence,

Sunday, 19th November 2023 | 9:30am - 3:30pm

#### **Sydney Permaculture Gardens Bus Tour**

This tour will take in three fabulous community gardens in Sydney. After departing from NCIE in Redfern, we will first visit Randwick Community Organic Garden, then on to Permabee Community Gardening Program for a tour of this amazing educational garden.

There's a lunch break before making our way to Rose Bay Community Garden for afternoon tea.

Tour departs from and returns to NCIE in Redfern. Lunch and afternoon tea included.



Sunday, 19th November 2023 | 10:00am - 11:00am

# Sydney City Farm Tour

Come on a tour of Sydney City Farm - a place to learn about urban agriculture and sustainable food production.

Sydney City Farm grows fresh seasonal produce, and minimises waste, while using organic growing principles. This one hour tour will show you all the highlights.



Sydney City Farm, 52 Barwon Park Rd, St Peters, NSW 2044 Australia

Sunday, 19th November 2023 | 10:00am - 3:00pm SYDNEY UAF TOURS:

#### **Inner West Community** Garden Bus Tour

This tour will take in three fabulous community gardens in Inner West of Sydney. After departing from NCIE in Redfern our first stop is at Wilkins Green Community Garden; then on to Whites Valley Creek Park for lunch with its food forest, community garden, nursery and wetlands; before making our way to Mort Bay Community Garden.

Tour departs from and returns to NCIE in Redfern. Lunch and snacks included.



National Centre of Indigenous Excellence, 166-180 George St, Refern, NSW 2016 Australia

Sunday, 19th November 2023 | 10:00am - 2:00pm SYDNEY UAF TOURS

### **Walking Tour** of Redfern Gardens

A Walking tour from NCIE to Poets Corner, Redfern.

Led by Brenden Moore, First Nations Community Greening Education Officer, you will visit the informal supported Mens and Womens Garden, the Poets Corner Community Garden and the Solander Community Garden.

We will also attend a seed saving and sowing workshop so bring along some seeds to share and grow with other community gardeners.

Lunch provided. Please wear suitable footwear for the walk.



National Centre of Indigenous Excellence, 166-180 George St, Refern, NSW 2016 Australia

Sunday, 19th November 2023 | 11:30am - 12:30pm SYDNEY UAF TOURS

# **Pocket City Farms Tour**

Come and enjoy a tour of this productive urban farm in the heart of Sydney. Pocket City Farm is an educational space that shares their philosophy of connecting people with regenerated environments and fair food. Learn about the benefits of urban farming whilst looking into the daily operations of the farm and their farming methods.



SUSTAIN has a mission to:

# Create an edible Australia that nourishes people and nurtures the planet.

We know that transitioning to a healthier, more sustainable and equitable food system (the interconnected systems and processes connecting nutrition, food, health, community development and agriculture) requires good policy and practice, underpinned by a strong evidence base and inspiring examples that empower communities and governments to work collectively towards a better food future for all.

As **connectors**, we facilitate events and grow networks for sharing knowledge and encouraging collaboration amongst growers, producers, planners, landowners and communities.

As **researchers**, we translate and share our food systems knowledge to build an evidence base for effective food policy and action.

As **policy experts**, we understand the critical issues facing all levels of government, and communities across Australia. Our holistic approach aims to cut across the institutional and departmental silos that hinder cohesive and integrated food policy implementation.

As **practitioners**, we design and deliver community food projects (including our two urban farms) that experiment with new approaches to food system transformation and model the change we want to see. Our projects aim to demonstrate in the here and now that, yes, a better future is within our grasp.

SUSTAIN is led by qualified and experienced practitioner-consultants with an outstanding track record in food system research, governance and practice, and specialist knowledge of the urban agriculture, food security and local government sectors in Australia.

Our dedicated team includes qualified public health and food system professionals, bringing a diverse mix of research and policy expertise in health and nutrition, housing and food security to every project, along with a deep, practice-based commitment to a rights-to-food approach to food security and social justice.

**SUSTAIN.ORG.AU** 



